MEETING MINUTES
May 16, 2019 | 3:00 pm

MEMBERS PRESENT:
Pam Johnson, Chair
Michelle Sandoval, Vice Chair, Rural Clinics
Rebecca McGough, Parent Representative
Heather Plager, Juvenile Probation
Jeremy Hurst, Humboldt General Hospital
Lana Robards, New Frontier CCBHC

MEMBERS ABSENT:
Sarah Dearborn
Jan Marson
Mala Wheatley
Jessica Flood
Cheri Bowen
John Munoz

GUESTS:
Kristen Rivas, DCFS PEU
Joe Pritchard, DCFS SOC
Jill Manit, Consultant
Kathy Spooner, Mesquite Clinic
Kathy Cavakis, SOC
Linda Guastella, SOC
Joe Pritchard, SOC
Laura Adler, Admin Support
Alexis Tucey, DHCFP
Bianca McCall, Counseling Group
Stacey Smith, Nye County Coalition
Laura Yanez, NAMI

1. Call to order, roll call, introductions
Meeting called to order at 3:05 pm. by Ms. P. Johnson.

2. Initial Public Comment
Ms. Cavakis gave an update on the new SOC Expansion and Sustainability grant. The Feds requested clarification on the catchment areas. They had to respond in three hours and were able to identify rural and frontier Nevada. They identified the North Counties: Douglas, Lyon, Churchill, Humboldt, and Elko; Rural: White Pine and South: Nye County and Mesquite as rural Clark County.

The intent was not to write a rural SOC grant but that was the outcome. If they receive the grant, SOC can use some of the funding to support infrastructure in both urban communities. She believes everyone is on board and she will continue to provide updates. The feds are happy with Nevada and there is a good chance Nevada will get the grant. The latest they will hear is the end of August 2019. Mr. Hurst asked for the name of the grant. Ms. Cavakis answered the SOC Expansion and Sustainability grant. Ms. Sandoval and the RCMHC members are very excited about this.

3. For Possible Action: Approval of the Minutes from the Rural Children’s Mental Health Consortium Meetings from April 18, 2019.
There was not a quorum, so the minutes could not be approved.
4. **Presentation: Overview of the National Alliance on Mental Illness (NAMI) Warm Line Program – Laura Yanez, Executive Director, NAMI Western Nevada**

Ms. Yanez presented on the NAMI Western Nevada Warm Line that is a new service that began in November 2018. It is a phone line that individuals can call to talk to a peer in recovery from mental illness. It is primarily an outbound line, but they do have operators. It is not a crisis line, but more of a support line. The benefits to RCMHC is that there are multiple warm line operators who are families of youth. NAMI is doing a “no wrong door” approach and working with Carson-Tahoe Behavioral Health Hospital. They are focusing on the rurals right now, but it will be statewide next year. She sent a flyer to Ms. M. Johnson which can be distributed. The phone number is 775-241-4212.

5. **For Possible Action: Discuss and Approve the 2019 Fiscal Budget**

Ms. Rivas reviewed the budget that was distributed for the meeting. She worked with Ms. M. Johnson and Dr. Manit regarding their anticipated hours through June 2019. They will both spend out their budget. Dr. Manit will provide a summary of The Blueprint Collaborative. The supply budget was reallocated to the AA salary. Mental health awareness promotional materials were purchased including the tablecloth and a banner under operations. A portion of the funds for stipends for youth and family participants was utilized. Ms. Rivas is working on the website and expects the budget will be spent out. Outreach has been spent. She concluded that all remaining funds will be utilized.

Chair Johnson wants to look at the fiscal budget for 2020 at the first meeting in June 2019.

Ms. Rivas added The Blueprint Collaborative has a Master Service Agreement (MSA) with the state which makes things easier to contract with them. They sent Ms. Rivas a scope of work and she submitted a work order to DCFS fiscal for data collection and analysis to move forward. Ms. Rivas would like the 2020 budget on the next agenda.

No actions could be made so the budget will be on the agenda for the next meeting.

6. **For Possible Action: Discuss and Approve Membership Applications to include discussion of positions to be filled and possible new members.**

Ms. P. Johnson welcomed two new members on the phone: Lana Robards and Jeremy Hurst. She has asked Karen Taycher to recommend a member from Nevada PEP. For the vacant position of “Provider of child/adolescent substance abuse treatment” Mr. Hurst has staff members who could possibly fill this slot. Ms. Sandoval has a substance abuse counselor from White Pine County she will reach out to. Ms. P. Johnson said it would be good to have a representative from White Pine County.

For the vacant position of “Representative of the State Welfare Division”, Alexis Tucey will reach out to someone. For the vacant position of “Representative of school districts in the region (trustee)”, Ms. Marson might have a suggestion of someone to put forward for this. Chair Johnson said if we can fill these slots, we would have a full membership which would be wonderful. She asked everyone to continue thinking of people who can fill the membership slots.

7. **For Possible Action: Discuss and Recommend Assignments for the 2020 Strategic 10-Year Plan – Dr. Jill Manit, Consultant**

Dr. Manit gave background on the requirements in statute for the Regional Consortia to create a 10-year plan and annual updates/status reports. The 2010 10-year plan is coming to an end. Her recommended strategy for the 2020 10-year plan:
• Start with a comprehensive assessment of needs.
• Use data to develop priorities.
• Define goals and strategies.

Last meeting the group gave permission to meet with Heather Kerwin and Dina Hunsberger from The Blueprint Collaborative which she did. WCCMHC is also looking to work with them. We are trying to leverage resources and work together with Washoe. They conduct needs assessments full-time as an organization. They have contracts with the state and have worked in the rurals. They think the Community Discussions are a great opportunity to collect data. They discussed using the remainder of funds for this year to get started and allocating funds for next year. She discussed with them developing a platinum and bronze proposal. The platinum proposal blows everyone’s budget. However, the exciting thing is that there is an appetite across a couple of state Divisions to support this. If the Consortia can fund whatever they can fund, we are trying to leverage other funds from the state and have The Blueprint Collaborative continue working with us so we can understand the data. We do not have any specifics yet on whether we have the support for this yet.

Dr. Manit suggests that the RCMHC minimally establish The Blueprint Collaborative as the data experts to create the 10-year plan and develop a scope of work. Chair Johnson said this sounds exciting to help us reach the goals to get this together. Mr. Hurst thinks it sounds amazing and asked what The Blueprint Collaborative includes.

Dr. Manit responded that the work needs to be driven by the RCMHC members. Ms. Rivas suggested that RCMHC and WCCMHC collaborate in having a steering committee to work with The Blueprint Collaborative. The Blueprint Collaborative will make suggestions on what kind of data to go after. Broadly it would be the needs of children’s mental health in rural areas. Mr. Hurst said he would like to serve on the steering committee. Dr. Manit suggested item on the next meeting agenda be specific about establishing a steering committee and appointing members and approving the scope of work.

Ms. Rivas suggested sending out a survey asking for the top three data needs in each community. She can help put the survey together. Ms. McGough suggested using the email list from the attendees of the Community Discussion. Ms. Sandoval can provide emails of the Policy Board members.

8. For Possible Action: Assignment of task to individuals to prepare Rural Children’s Mental Health Consortium events — Pam Johnson

Ms. Sandoval reported on the Churchill County Youth Summit which took place the first weekend of May. Ms. Sandoval, Ms. Bowen and Ms. P. Johnson attended and represented the RCMHC. They set up a table, used the banner which was a bit hit and gave away swag. It was an incredible event and the youth were very receptive to the RCMHC. Everyone wore the green ribbons and were talking about mental health. The Churchill County Coalition appreciated the RCMHC’s financial contribution. She would like RCMHC to participate next year. Chair Johnson said it was a great event and agrees we should participate next year.

National CMH Awareness Day was held in March. Ms. McGough reported that the rural table was in a very good spot and there was an opportunity to talk to many legislators. They seemed interested and it went well.

Chair Johnson reported on the Legislative Children’s Week Mental Health Day which went very well. Char Frost handed out a lot of green ribbons. They took the pop-up banner outside for the Governor’s Proclamation and took a photo with the Governor, legislators and Nevada PEP members. Ms. P. Johnson added these three events should be on our radar every year, so we are visible, and the community knows we are active.
Ms. McGough had many lobbyists wanting to know how to get representatives connected with us and into the rurals. She received some emails about topics like rural transportation. Ms. P. Johnson said when we hold community events, we need to reach out to the legislators in that area, so they can participate. Photos were shared with Ms. Guastella to put in the SOC newsletter. The Governor’s Proclamation is included in the SOC newsletter as a YouTube link.

Ms. Rivas asked for all the information to include on the RCMHC website. Ms. Rivas reported on the status of the website. She had two meetings with the contractor KSPsystems. She has what we need to put on the website and links and talked with Ms. Cavakis about ideas. KSPsystems is currently building it and she has another meeting with them next week. The website should be up and running before July 1, 2019 with the $2400 spent. Ms. P. Johnson asked everyone to please send Ms. Rivas anything for the website. Ms. McGough will send pictures to Ms. Sandoval, Dr. Manit and Ms. Rivas today.

Ms. P. Johnson asked for an update on using LifeSize technology in meetings. Ms. Rivas reported that she did not get a chance to work on this. Ms. McGough stated LifeSize has an app for those who want to conference into the video on cell phones. Ms. Rivas has that information from IT and can send it out. Ms. P. Johnson thanked everyone for their work and added the RCMHC has come very far in the last year.

9. For Possible Action: Future Dates and Agenda Items for Next Rural Children’s Mental Health Consortium Meeting on June 20, 2019

Ms. P. Johnson confirmed the next meeting will be held on June 20th at 3:00 pm. Ms. Adler reported the main agenda item for next month will be the steering committee and the 2020 budget.

10. Community Updates

Ms. Sandoval reported they had a workgroup meeting but did not have a quorum. She sent a new doodle poll. Once she gets responses, she will schedule a new meeting.

11. Final Public Comment

Ms. McGough got an email for an LGBTQA training and an opioid training. She will send the information to Ms. M. Johnson to disseminate.

Mr. Hurst announced that currently there is not mental health providers who can prescribe medication in Winnemucca. He is taking his boards and will be the first provider in Winnemucca who can prescribe medication upon passing. The group congratulated him.

12. Adjournment

Meeting adjourned at 4:10 pm by Ms. P. Johnson.